

Mental Health Care

Education and training

Ortho(ped)agogic care



ANNUAL REPORT 2022

www.fracarita-belgium.org



Broeders van Liefde
GEÏNSPIREERD VERBONDEN

— Foreword —

"We want our partners in the Global South to be at the wheel, we are their coach."

Veronique Coppin

▼ Ergotherapy at the Brothers of Charity psychiatric centre in Butare, Rwanda



The African Great Lakes Region has regularly made the world press in recent decades, unfortunately often in negative terms. After independence, political strife erupted, accompanied by waves of violence. To this day, the international community fails to halt the **conflict**- whose fighting has left many thousands of victims and more than one million refugees- and restore peace.

The war brings only victims. The **need for help** is and remains very great.

As a volunteer on the field, I witness that Fracarita Belgium does not allow itself to be discouraged by these sorrows, quite the contrary: Fracarita Belgium makes **hope** almost tangible for the most ostracised people in African society. Organising or reorganising itself- or completely reinventing itself when the need arises- are just some of the many strengths with which Fracarita Belgium and its partners bravely go to war.

Along with the global context, the NGO is changing at a rapid pace. The positive results of recent years should not be underestimated, but vigilance is needed. The legacy of the past is sometimes heavy, the new balance is still fragile and often it is necessary to start from scratch in building new initiatives. A mix of support and action is needed to make further strides in the fight against poverty and injustice.

It is abundantly clear to me that **international cooperation is not a drop in the ocean.** Our work on the ground is crucial to the further development of care and education for the most vulnerable. As a team, we rise to the challenge of stopping discrimination against these populations, even if it has been enshrined in traditions and customs for years.

We work to redress the lack of access to health, welfare and education and to bring about a change in mentality among the population. With this **professionalisation**, Fracarita Belgium is turning every individual into a winner. Slowly but surely, I see people in vulnerable situations reclaiming their role in society and becoming **resilient and flexible** again. They are resuming their jobs and maintaining their income, something that should certainly be encouraged in this society that has become very expensive.

Developments challenge us to remain constantly alert. The Fracarita Belgium team not wants to be alone on the train, we also want to be drivers of it together with our partners. Or rather, **we want our partners in the global South to be at the wheel; we are their coach.** To do this, it is important to work intensely with our partners 'on the field'. We exchange experiences, share tricks of the trade and develop a progressive vision together. In this way, we encourage them to build their own future.

The great steps already taken and the tangible success stories lead to an effective **change in mentality.** Insecurity gives way to structure, despair gives way to hope and self-confidence grows. The current development is creating confidence.

The train is unstoppable, but **structural improvement takes time.** Moreover, several areas need to be worked on simultaneously. The overall offer needs to become qualitative, sustainable and more inclusive. The salaries of healthcare workers need to rise further to combat brain drain. A wide range of organisations and an extensive network of care is currently emerging on the ground.

Fracarita Belgium faces big challenges but is ready for them. In this annual report you can read how together we are making a difference to many.

I wish you much reading pleasure!

Veronique Coppin
Volunteer at Fracarita Belgium
Member of the Mental Health Steering Group



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2022 in figures



11

countries where partners in 2022 were supported



20

number of South actions already organised by Fracarita Belgium



29

hospitals, -facilities and schools with whom we partnered in 2022



1.012

number of followers on our Facebook page



10.960

kilogram specialised material was sent to Africa at the request of our partners and with the cooperation of Fracarita Belgium (see p. 27)



15.000

number of campaign leaflets on South Action (see p. 34), distributed through schools and facilities of the Brothers of Charity Group



193.960

the total number of consultations and hospitalisations in the African psychiatric centres of the Brothers of Charity in 2022



€ 342.568

total amount spent for the purchase of medication in Belgium sent to partners in Africa (see also p. 30)



Who we are

Fracarita Belgium, as the Belgian NGO for international cooperation of the Brothers of Charity Group, wants to contribute worldwide to the basic values of personal rehabilitation and social (re-)integration of the most expelled people.

In this way, we want to work towards increased quality of life and autonomy for these people, with poverty reduction as our ultimate goal.

Functioning in partner countries

We mobilise people and resources in Belgium to support partners in Africa, Asia and Latin America to build and sustain quality care or education initiatives.

We work for 3 specific target groups:

- People with disabilities
- People with mental illness, psychiatric disorder, neurological disorder or addiction problems
- Children and young people with poor access to education

Functioning in Belgium

In addition to these initiatives in partner countries, in Belgium we want to help build global solidarity and stimulate concrete solidarity. In doing so, we focus on active education and awareness-raising with volunteers, and create space for concrete acquaintances and meetings with partners on the ground (see p. 32).



Our strategy:

Capacity-building and competence-building of partners in the Global South so that they can ensure quality services and improve the quality of life of our final target group in a sustainable way.

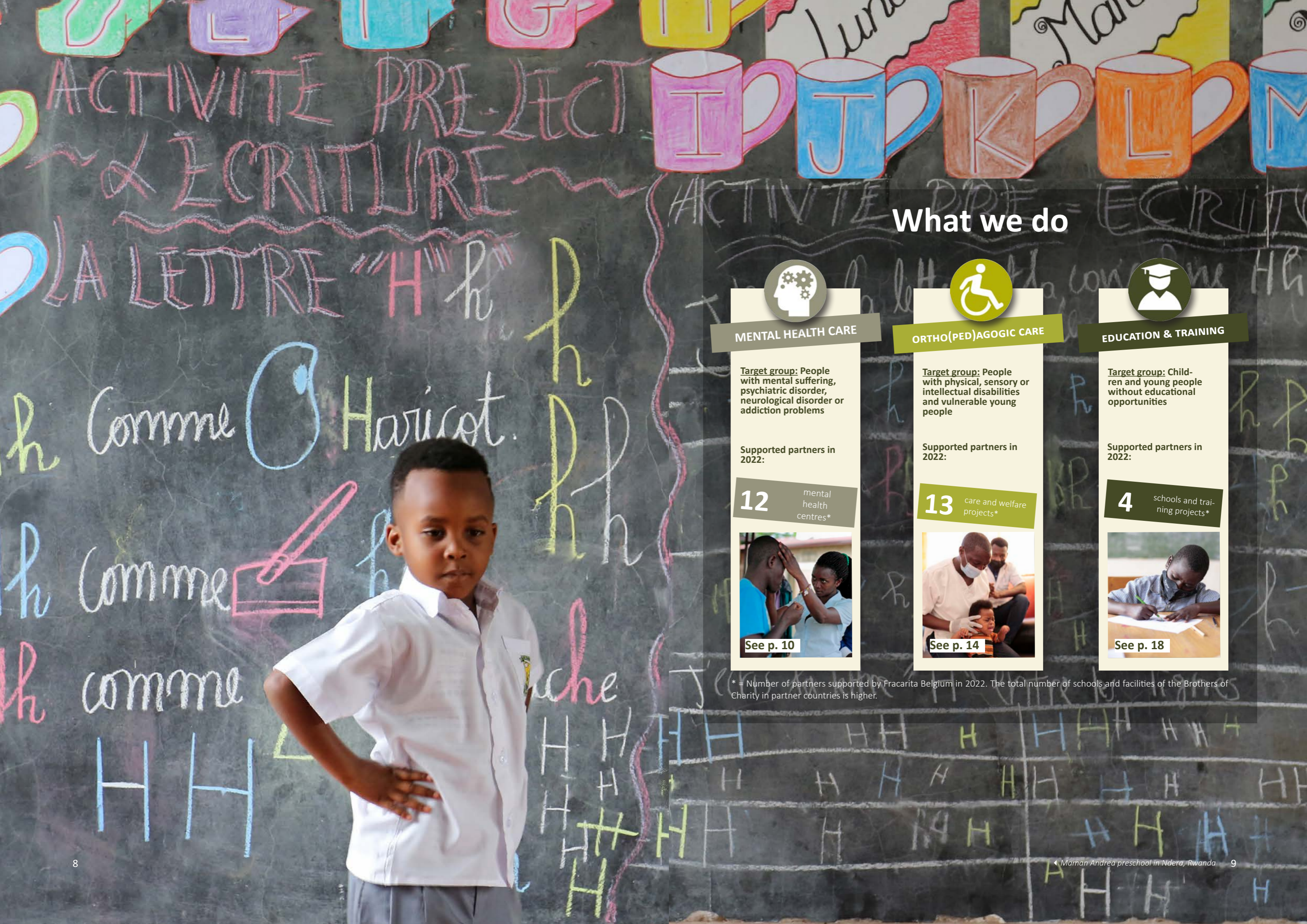
► School for children with intellectual disabilities 'Ecole de Vie', Goma, DR Congo

Worldwide

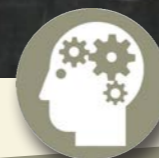
Countries where partners received support from Fracarita Belgium in 2022:



Because of historical ties, Fracarita Belgium also supports a school group in Simalia (India), a youth centre in Amoreira (Brazil) and a shelter for street children in Granada (Nicaragua).



What we do



MENTAL HEALTH CARE

Target group: People with mental suffering, psychiatric disorder, neurological disorder or addiction problems

Supported partners in 2022:

12 mental health centres*



See p. 10

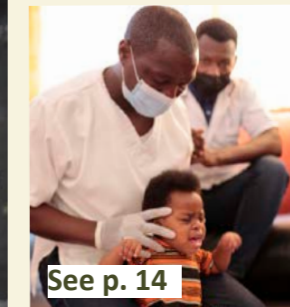


ORTHO(PED)AGOGIC CARE

Target group: People with physical, sensory or intellectual disabilities and vulnerable young people

Supported partners in 2022:

13 care and welfare projects*



See p. 14



EDUCATION & TRAINING

Target group: Children and young people without educational opportunities

Supported partners in 2022:

4 schools and training projects*



See p. 18

* = Number of partners supported by Fracarita Belgium in 2022. The total number of schools and facilities of the Brothers of Charity in partner countries is higher.



Mental Health Care

Worldwide, people face mental or neurological disorders and addiction problems. Still, the public investment that happens regarding diagnosis and treatment, especially in low-income countries, is far from commensurate with the impact of the problems. The consequences for the affected individuals themselves, their families and society cannot be underestimated.

The lack of access to care, combined with the pervasive stigma, means that persons with mental or psychiatric disorders, epilepsy or addiction are often neglected and live in demeaning conditions.

Fracarita Belgium supports several capacity-building initiatives of partners active in the mental health sector. Spearheads are training of local staff and sensitising society by breaking taboos and stigmas. The NGO also supports its partners during the procurement process of medication and making it accessible to the most financially vulnerable patients (see p. 30). Fracarita Belgium also often plays a supporting role in the purchase of research equipment and infrastructure development (see p. 27).

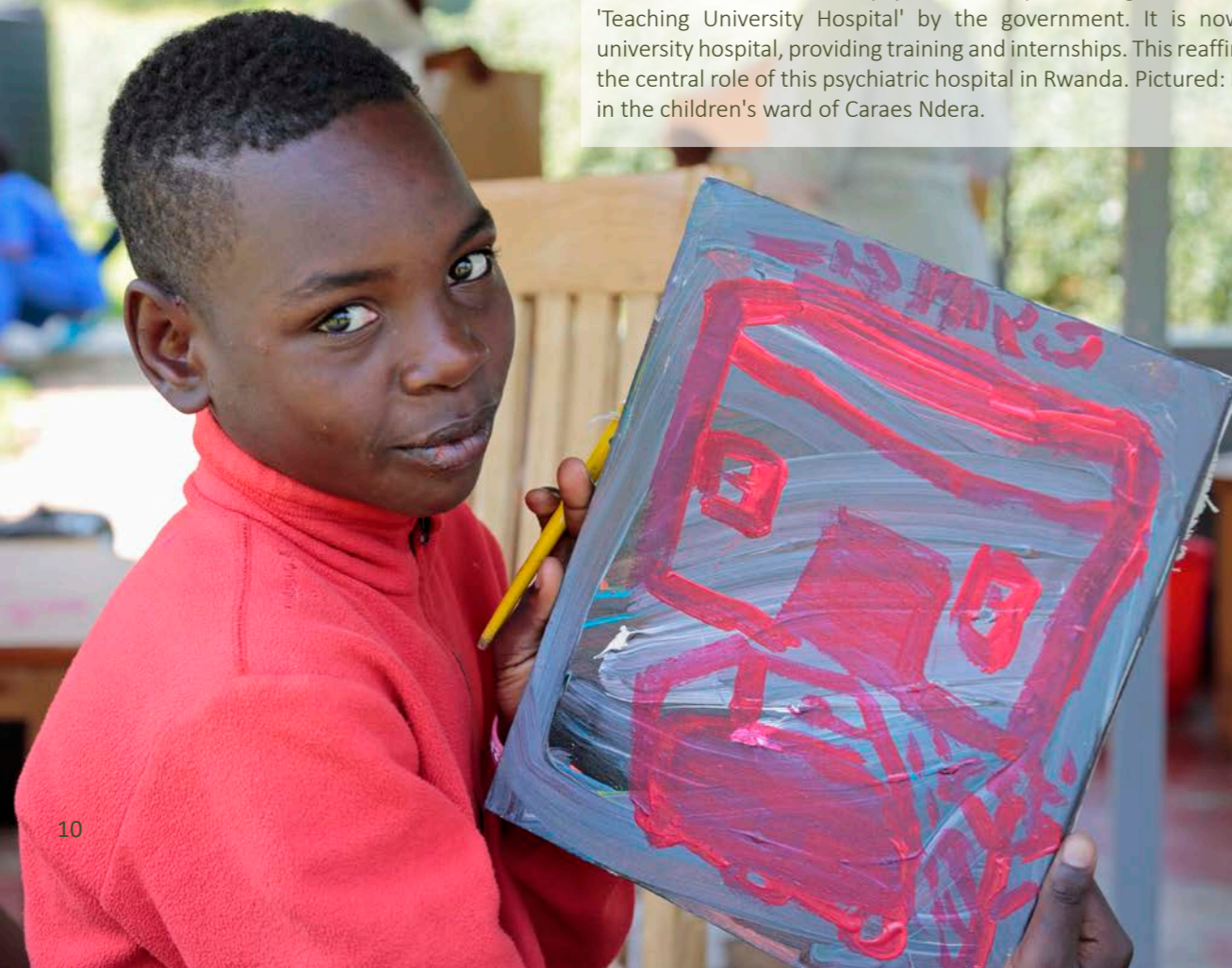
1.4

There are only 1.4 mental health experts per 100,000 people in Africa, compared to a global average of 9 per 100,000.

Source: Lancet Global Health

Caraes Ndera now 'Teaching University Hospital'

▼ The Caraes Ndera Neuropsychiatric Hospital was given the title 'Teaching University Hospital' by the government. It is now a university hospital, providing training and internships. This reaffirms the central role of this psychiatric hospital in Rwanda. Pictured: boy in the children's ward of Caraes Ndera.



AFRICAN GREAT LAKES REGION



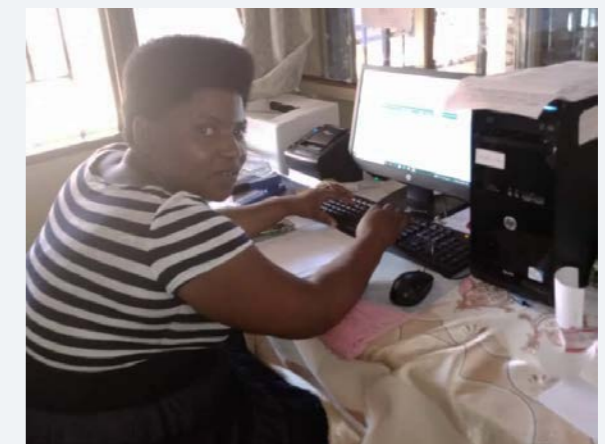
Living with epilepsy in Africa

The Brothers of Charity have built a network of about 10 psychiatric centres in Rwanda, Burundi, Tanzania and Congo where people with epilepsy can also go for proper diagnosis and treatment. Epilepsy is not a psychiatric condition, but psychiatric centres are often the only place with the necessary equipment to make a proper diagnosis.

In Africa, there is a stigma attached to the condition epilepsy that prevents people from getting proper treatment. Many people do not even know that epilepsy can be treated. Young people with epilepsy have to face a lot of prejudices and misunderstandings: epilepsy is a punishment for a sin they have committed, people with epilepsy are possessed by evil spirits, cursed, contagious, ... "Stay away from them!". They feel ashamed and don't come out anymore.

Yet most people with epilepsy can lead perfectly normal lives. With medication, seizures can usually be suppressed. People can work again, study, start a family... build a real future! Because epilepsy is a medically treatable condition, nothing more. Florence is living proof of this.

From epilepsy patient to successful student and valued member of staff



Florence Dedine (34) has suffered from epileptic seizures since childhood. She first came to the Brothers of Charity psychiatric centre in Gitega, Burundi, in late 2011 for a consultation and examination. Her epilepsy was found to have a complex form. After several months, the brothers and staff at the centre managed to control her seizures through specific care and medication.

Florence was brave and determined to show her family and community that young people with epilepsy are capable of pursuing their dreams. Florence dreamed of continuing her studies. She gathered her courage

and enrolled in a Secretariat course. With success! Florence passed her state exam with flying colours, earning her diploma. A milestone!

Florence then did an internship at the Kamenge Neuropsychiatric Centre (CNPK) of the Brothers of Charity in Bujumbura. There she was secretary to the General Director of the CNPK. Florence is now a permanent secretary at the psychiatric centre in Ngozi, where she is extremely happy with her position. Florence still takes her medication regularly to avoid absences due to fatigue.



Collaboration with UCB ensures qualified neurologists

◀ Dr Delphine (HNPC Ndera, Rwanda) and Dr Patrick (CNPJG Lubumbashi, DR Congo) successfully defended their thesis and obtained their degree in neurology, the medical discipline that deals with the diagnosis and treatment of disorders of the brain, nerves and muscles.

A collaboration between UCB and Fracarita Belgium allowed both to obtain their specialisation at the University of Dakar. Dr Delphine is only the sixth neurologist in Rwanda! For both Rwanda and DR Congo, graduating these doctors as specialists is an important step forward in helping people with neurological problems, of which epilepsy is the main one, within our facilities.



"Dad can now communicate better than before"

◀ Son (picture) testifies about hospitalised father: "Before I took my father to the Brothers of Charity psychiatric centre in Kasaka, Tanzania, he was aggressive and brutal. It was difficult for our family to cope with that. Now he is stable thanks to the good care he receives at the centre. He can communicate better. He can also perform day-to-day tasks and no longer shuts himself off from other people. A world of difference thanks to expert care!"

Watch the full video testimonial via the QR code.



United Nations visit centre in Kigoma

▶ The United Nations High Commissioner for Refugees visited the Brothers of Charity psychiatric centre in Kigoma, Tanzania, on the occasion of World Refugee Day (20 June). Burundian and Congolese refugees from neighbouring camps are transferred to this centre for specialised mental health care. Many of them suffered post-traumatic stress disorder in their home countries, during their flight or in the refugee camp. With the visit, the High Commission shows their appreciation for the centre's efforts to make mental health care accessible to refugees as well.



Reference centre for mental health care in Haut-Katanga

▶ The Neuropsychiatric Centre Dr Joseph Guislain (CNPJG) in Lubumbashi (DR Congo) received a delegation from the King Baudouin Foundation (KBS) in early 2022. Fracarita Belgium was able to assist the CNPJG in strengthening its neurology department in recent years. This was thanks to a support programme from the pharmaceutical company UCB through their fund at the KBS. In this way, the CNPJG became the reference centre for the treatment of epilepsy in the province of Haut-Katanga. A video about this visit will also give you an impression of the centre.



World Mental Health Day in Goma

◀ On 10 October, World Mental Health Day (WMHD) will focus global attention on mental health. The 2022 theme: "make mental health and well-being a global priority for all". That is where the Brothers of Charity psychiatric centres in Africa are doing their bit. Déogratias, social worker at the Neuropsychiatric Centre in Goma (DR Congo), talks in a video about the activities the centre organises on WMHD. He also talks about the impact of Fracarita Belgium's support on the centre's operations. Watch the video via the QR code.

◀ Foto: laborant in het CHNP in Goma.



Further training on EEG

◀ Three psychiatric centres of the Brothers of Charity in Congo joined forces in late 2022 and organised a five-day in-service training in Kikwit on the use of an electroencephalography (EEG) device in medical diagnosis. This device examines electrical brain activity.

Geel neuropsychiatrist and volunteer Dr Eric Desmet and Congolese expert Orphé Badibanga contributed to this training from their own experience. Fracarita Belgium supported the Congolese organisers to complete the financial picture.



Ortho(ped)agogic care

Living with a disability in low-income countries is often a daily struggle to survive. Eighty per cent of people with disabilities there live in poverty. Ignorance about the condition, a lack of specialised services and the absence of a functioning social security system, leads in some situations to confinement, exclusion or rejection of children with disabilities.

Fracarita Belgium supports African partners active in special or inclusive education and day care activities for children, young people and adults with intellectual, physical or sensory disabilities. (Para)medical care or training for people with disabilities is also supported. Besides specific disability care, welfare projects for vulnerable groups, such as prisoners and street children, are also supported.

30%

of children and young people living on the streets have disabilities.

Source: Unicef

Listen to his biggest hit:



Bosco famous

2019



Remember Bosco, the singer-guitarist from the South Action 2019 "Unseen Talent"? He was a student at the school for blind and visually impaired youth of the Brothers of Charity in Rwanda and dreamed of a music career. And whether his dream came true...

That same Bosco can now be found on big billboards along Rwandan roads. One of his latest hits was even viewed 3.6 million times on Youtube. Thanks to the Brothers' school, Bosco was able to let his talent blossom completely, despite his visual impairment.

"I plan to visit the school for the blind again. I want to help students there who want to be like me. I want to tell them that anything is possible if you focus and concentrate. The school gave me a hand, so now I have to give a hand back."

Bosco to Fracarita Belgium

Watch the full interview:



2022

TANZANIA

From isolation to independence: the transformation of Stamilia



Stamilia was born in 2009 in Kigoma, Tanzania. Her mother left her when she was 4 years old. Stamilia was left with her grandmother, who lovingly cared for her and her siblings.

Stamilia's life changed drastically when she became ill at a young age. She developed high fever, which eventually led to cerebral palsy. Cerebral palsy is a posture and movement disorder caused by damage to the brain. This condition limited her motor skills and made it difficult for her to communicate and interact with others.

Before Stamilia was admitted to the Brothers of Charity centre in Bangwe, she struggled with her speech and had difficulty performing daily activities. She could not speak and felt isolated from the world around her. Her grandmother, however dedicated she was, had doubts about Stamilia's abilities and could not imagine helping her with everyday tasks.

Fortunately, the Brothers of Charity centre in Bangwe provided the helping hand Stamilia and her grandmother

needed. There, Stamilia received proper care and guidance from a dedicated team of professionals. They were encouraged to increase their faith in Stamilia's abilities and see her as a full member of the community.

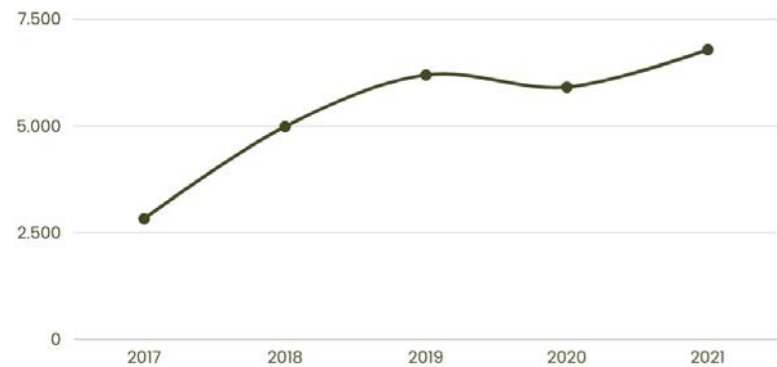
With patience, dedication and expert care, Stamilia began to make progress. She learnt to talk and began communicating with those around her. She developed skills that enabled her to carry out daily activities such as cleaning, washing clothes and fetching water. These simple actions were previously unthinkable for her, but now they became a reality thanks to the support and training she received at the centre.

The most remarkable aspect of Stamilia's transformation was the change in her grandmother's attitude. Before, she could not imagine Stamilia being able to help her with everyday tasks. But with Stamilia's progress and the centre's encouragement, her grandmother began to believe in her granddaughter's abilities. She no longer saw Stamilia as someone with disabilities, but as a full-fledged individual with unique skills and talents.



Stamilia's grandmother no longer saw her as someone with limitations, but as a full-fledged individual with unique skills and talents.

Number of people who received care and/or education in the HVP Gatagara, Rwanda



Additional water for HVP Gatagara

▲ Over the past few years, the number of children and young people applying to our Rwandan partner HVP has almost tripled (see graph). There they can get (para)medical care for physical limitations and there is also education with boarding school system. So many more children: so much more need for water. Thanks to our support, our partner was able to drill a well and bring the water to the centre through pipes. Water is vital: for drinking, cooking, medical care in the hospital and hygiene in the boarding school.



west-vlaanderen
de gedreven provincie



Economic progress for 90 families and chicken farm start-up

► Promoting empowerment and supporting people in poverty is what many of our partners focus on. Mission successfully completed at our partner in Nicaragua! Around 90 single mothers have completed their vocational training and are now working in the employment sector. This means remarkable economic progress for 90 families, which is much needed in Nicaragua. Fracarita Belgium raised funds through the South Action 2020 and 2021 to make this training project possible. The Cirkant remedial education centre in Aartrijke also jumped on the bandwagon and received a grant from the Province of West Flanders to complete the financial picture of this training project in Nicaragua.

► At the same partner, a chicken farm was set up in 2022 where vulnerable young people can participate voluntarily. The aim is to instil self-confidence and a sense of responsibility. The income from egg sales is used to co-finance the centre's activities, making it less dependent on external support. A great win-win!



▼ HVP Gatagara, Rwanda: centre for persons with physical and motor disabilities



Volunteer Wilfried on his commitment to Tanzanian deaf people



◀ Deaf Flanders made a video testimony on Fracarita Belgium volunteer Wilfried De Graef. For years, Wilfried has been a passionate volunteer for deaf people in Flanders and far beyond. His efforts include helping deaf children and (young) adults in Tanzania. Together with the Ghent former pupils' union 'De Vrienden van Vader Triest' and other sympathisers, he supports the Rumonge Deaf Cooperative in Kigoma, where deaf people learn to make wooden furniture. This is how they take their future into their own hands. Scan the QR code to watch the video.



Wilfried De Graef

"The things my grandparents used to experience as deaf people in Flanders, you see now in Tanzania: no interpreters, discrimination, no work.... For a lot of deaf people in Kigoma, who have to survive in extreme poverty, the cooperative of the Brothers of Charity is their only source of income."





Education and training

Despite positive trends in key education statistics, there are still regions where children do not attend school, or attend only to a limited extent. School-aged children tend to be healthier, more confident and more likely to have a decent income later on. Education also protects them from child labour and exclusion.

Adults who learn certain skills take an active role in their families and communities and can break the vicious cycle of poverty. Moreover, education and training increase democracy and equality. Fracarita Belgium supports various training and education initiatives in Africa, Latin America and India to give children and adults the power of knowledge.

147 million

children have missed more than half of their education in the past two years due to school closures caused by the COVID-19 pandemic.

Source: UN



Brazilian youth centre grows and thrives

▲ Youth centre Morgenster in Brazil focuses on street children and youth from underprivileged families. Due to their vulnerable position, they are highly susceptible to getting caught up in youth gangs, prostitution, drug trafficking and other (small and large) forms of crime. The youth centre aims to guide children and young people and help them grow up to become responsible citizens. And with success: children and young people receive shelter, homework supervision and education there. As a result, they no longer hang around on the streets. Many donors enable us to support this initiative. The centre now also offers apprenticeship courses. The initiative is a hit. More than ever before, the centre now succeeds in helping young people out of structural poverty with our support. Due to the growing number of course participants, extra toilets were urgently needed and so a fully-fledged sanitary block was built. With thanks to the Municipality of Evergem!

TANZANIA

Maendeleo and Fracarita Belgium team up for more girls in school



School reports and emotions - positive or negative - always go hand in hand, both in Belgium and in Africa. With these girls, it is clear: they are super proud of their Tanzanian national exam results. And they have every reason to be. Because as a girl, you have to skirt a lot of cliffs in Tanzania to study. The Maendeleo Youth Centre in Kigoma helps vulnerable girls overcome all obstacles.

Suzana, the girl who took us in tow in the South Action campaign film (see p. 34), also got brilliant news in 2022! She passed in her entrance exams and could enter "college", the final two years of secondary education, in October.

At first glance, this may not seem like surprising news. But when you know that in her hometown Kigoma, only 1 in 100 girls reach upper secondary education, you realise that this is phenomenal news! More importantly for Suzana, it brings her dream of working as a journalist later on a little closer. Just watch Suzana's video message via the QR code.

The Maendeleo Youth Centre team, like many other girls, will accompany Suzana in her studies in the next two years with our support as well.



▲ Proudly posing with the results of their Tanzanian national exam!



▲ Super happy Suzana: she can enter the final 2 years of secondary school!

Saint Peter's School reopens after corona pandemic

▼ Due to the global corona crisis, which hit India hard (532,000 official deaths), children under 12 could not attend Saint Peter's School for two years. This had a major impact on the school's students and teachers. Moreover, poverty in Simalia rose exponentially due to the pandemic. After two difficult years, the school was able to restart its operations in early 2022. More than 340 pupils are once again attending classes there.

Saint Peter's School is located in Simalia, eastern India. The village is mainly inhabited by "tribals" (casteless people). The school was the focus of Fracarita Belgium's South Action campaigns in 2009 and 2016. Funds were then used to build a primary and secondary school. As a result, the brothers and staff succeeded in taking children away from child labour in the stone quarries, where they had to work barehanded from an early age. The school allows them to be the first in their families to escape generational poverty. From the age of three to 16, they receive quality education and upbringing at Saint Peter's School.





From vulnerable girls to entrepreneurs



▲ The Wasichana training and coaching programme for girls at Maendeleo Youth Centre trains vulnerable, uneducated girls to become seamstresses or cooks. Many of these Tanzanian girls were victims of child marriage and became teenage mothers at a young age. Through this programme, the young mothers are given the chance to fulfil their dream: as enforced school leavers, they still get vocational training and start their own business. First, they receive training and then they are coached for six months while starting their sewing workshop or eatery. Thanks to the Warmest Week Fund of 2021! More info on this project via the QR code.

Congolese technical school trains students to become furniture makers

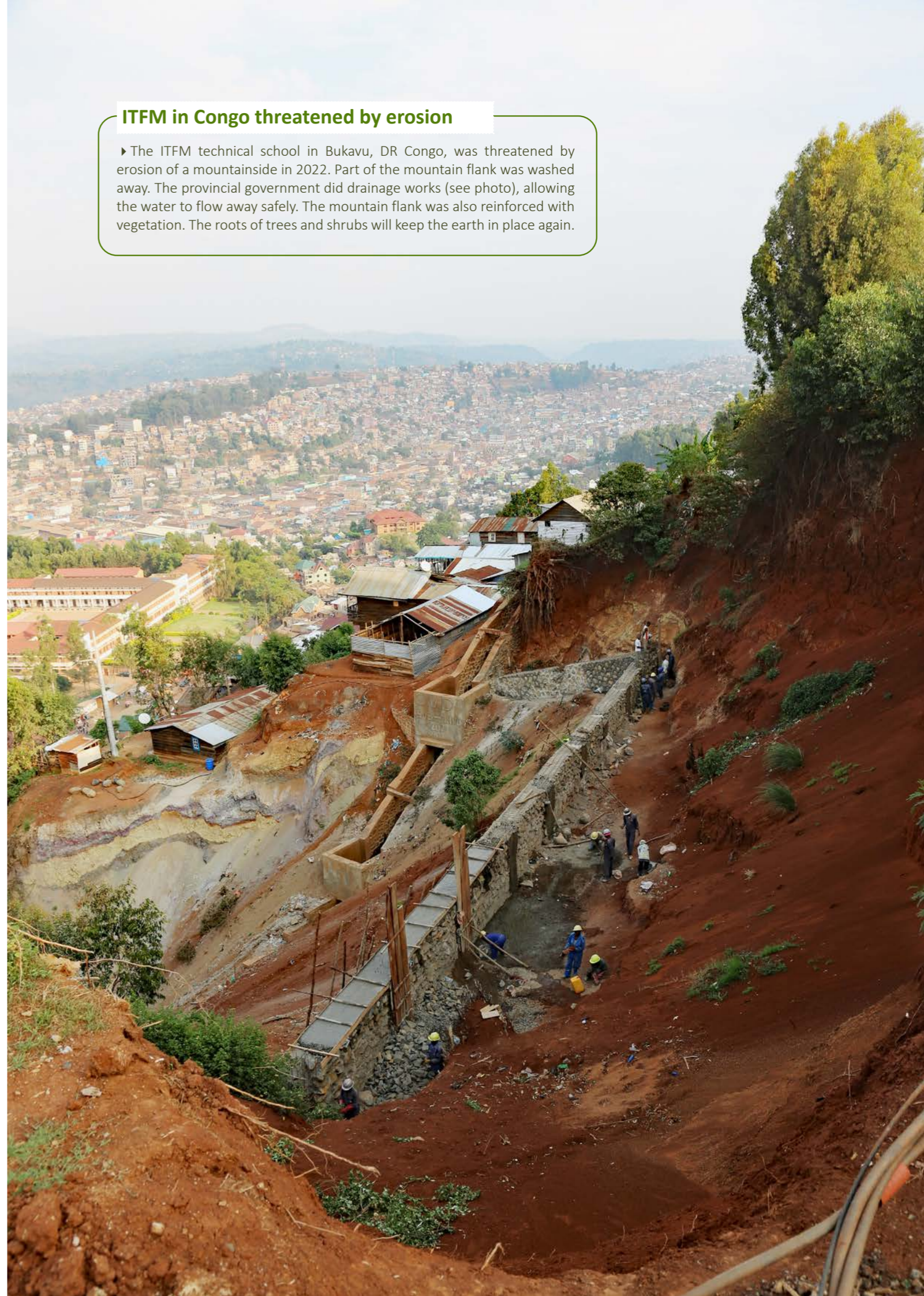


► A fresh load of planks is delivered. These materials are enthusiastically received by the students of the woodworking department, where they will come in handy. The Brothers of Charity's ITFM technical school in Bukavu aims to train young Congolese to become skilled technicians. These talented young people play a crucial role in strengthening South Kivu's economy and reducing poverty among much of the local population.

To properly train future craftsmen and women, Fracarita Belgium supports the school in the purchase of educational and technical equipment. At the school, students are trained to become furniture makers. By selling furniture made by the students during practical classes, the school is able to generate some income and thus cover part of the operating costs.

ITFM in Congo threatened by erosion

► The ITFM technical school in Bukavu, DR Congo, was threatened by erosion of a mountainside in 2022. Part of the mountain flank was washed away. The provincial government did drainage works (see photo), allowing the water to flow away safely. The mountain flank was also reinforced with vegetation. The roots of trees and shrubs will keep the earth in place again.



Fracarita Belgium, partner in structural quality improvement

For our African partners, structural quality improvement is a continuous and priority concern. At the request of these partners, Fracarita Belgium offers targeted support to help realise their ambition.

Fracarita Belgium = facilitating partner in...



The organisation of **CAPACITY BUILDING INITIATIVES** within the African network (p. 24)



Building sustainable **INFRASTRUCTURE & EQUIPMENT** (p. 27)



Making essential **MEDICATION** accessible (p. 30)



Partner in capacity building

NIEUW

Steering and working groups



▲ Mental Health Steering Group in discussion

Fracarita Belgium strengthened its content in 2022, thanks in part to the valuable input of the Mental Health Steering Group and the Ortho(ped)agogic Care Steering Group. These multidisciplinary groups of experts from both fields meet four times a year to support the NGO strategically and substantively.

Besides the steering groups, there are also several working groups active within Fracarita Belgium. These include a working group on medication, coaching and addiction care. These working groups take an operational and practical approach and contribute to the further strengthening of our organisation.

Our plan in the future is to grow into an international support group for mental healthcare and a support group for ortho(ped)-agogic care. These steering groups will not only actively involve our expert volunteers, but also our partners in the South. In this way, we can share our knowledge and experience, expand, and work together for a better future for our partners in the South. The start-up of the Education Steering Group began in 2023. We look forward to the further growth and development of our organisation in the coming years.

Mental health formations

Since 2018, our partners in the African Great Lakes region have been organising a capacity-building mental health training programme in collaboration with Fondation d'Harcourt and our own NGO. Through this programme, participants from Rwanda, DR Congo, Burundi and Tanzania are trained as coaches at regional level. They then provide in-service training to fellow nurses in their own hospitals. In this way, we are building together across borders a solid network for knowledge exchange around mental health care.



"The coaching system helped our centre immensely in improving the quality of care for our psychiatric patients. The training emphasised both knowledge, skills and attitudes. We were introduced to various coaching methods and techniques, so we can now coach our fellow nurses very efficiently."

Coach Pierre Ndayishimiye – Kamenge Neuropsychiatric Centre, Burundi



"We want to resume the exchange of experiences in the future in the form of visits between the coaches and supervisor on the field. I would like to thank everyone who enables us to support our coaching project. I see daily how this has an immediate positive impact on the lives of patients and their families!"

Coach Francisco Habamungu – Psychiatric Centre SOSAME, Bukavu, DR Congo



A solid week of exchanges

▲ Delegates from our mental health care partners from Rwanda, DR Congo, Burundi and Tanzania worked together to establish a new concept around "post cure". An adapted form of aftercare in psychiatry is desirable to prevent relapse. Directors, nurses, psychologists, doctors,... shared with each other in workshops and came to a final plan. Thanks also to Fondation d'Harcourt and Johnson & Johnson for additional support for this seminar.



Regional formation in Ndera

◀ After a 2-year hiatus due to corona, this year the annual seminar with intervision for the coaches could again take place in Ndera (Rwanda). During the corona period, monthly work did continue via online sessions. But the annual live get-together across countries again gave another boost to this empowerment programme!



Monthly online sessions

► Every month, we bring our mental health partners in the African Great Lakes Region together online for peer review and supervision on substantive topics. These are always enthusiastic sessions with all the coaches together!



Training in ortho(ped)agogic care

In the past, facilities for children with disabilities in the African Great Lakes region were coached by cooperators on-site. Due to the pandemic, this deployment has been on the back burner in recent years. In 2022, the thread was taken up again. Kris Demeter, chairman of the Steering Group Ortho(ped)agogic Care, visited all Fracarita Belgium-supported facilities for children with disabilities in Rwanda, Goma (DR Congo), Tanzania and Ethiopia to listen to their questions on content support. These discussions resulted in a common plan that will be rolled out in the next few years, including on-site seminars, a digital library, digital consultation ...

Brother Elias (manager) and Abigal (teacher) of the day centre for children with intellectual disabilities in Yirgachaffe, Ethiopia:



"During his visit in October 2022, Kris listened attentively to our questions and concerns. We discussed how to treat the children in an even more respectful way, how to offer them the necessary warmth and affection. In addition, we also discussed how to assess their developmental level, for example in the case of a young person with behavioural difficulties. We were keen to learn how to understand them in their individuality and accept that they are different. We also shared the many challenges we face and asked our questions. In these areas, we expect further training and guidance from Fracarita Belgium in the coming years."

Anne-Marie, coach of the "Ecole de Vie" in Goma (DR Congo):



"For me, it is very important and valuable that the working method is participatory. This allows us to consult with colleagues and exchange experiences about our work as coaches, as well as about the functioning, developments and challenges in our centres. This approach strengthens my expertise and promotes synergy between centres. Moreover, the small digital ortho(ped)agogical library allows me to inform myself about parenting methods for children with intellectual disabilities and promote their learning."

▼ Kris Demeter (left), chair Ortho(ped)agogic Care Steering Group, in consultation with a kinesiologist from HVP Gatagara, Rwanda



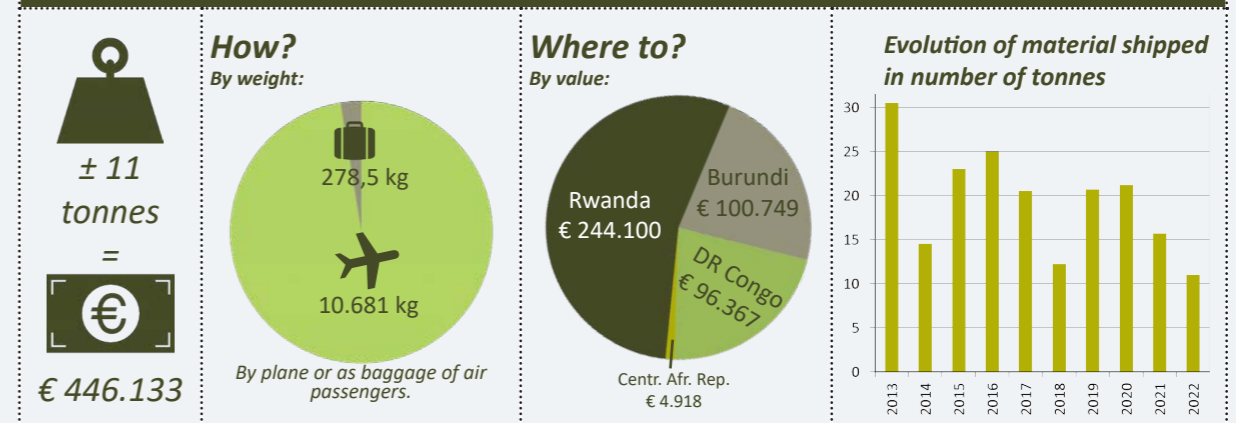
Partner in infrastructure and equipment

While African staff and volunteers are the beating heart of our partner schools and facilities, there is no denying that good and sustainable infrastructure and equipment are also crucial to working towards structural quality improvement. A hospital without potable water, an EEG machine without electricity, a classroom without a blackboard, ... No matter how strong the attending doctor, nurse or teacher may be in his or her field, the impact of their work is often firmly curtailed by the lack of proper basic infrastructure and equipment.

Fracarita Belgium therefore wants to be a supportive partner for these schools and facilities in developing their programmes to improve infrastructure and equipment. Where possible, Fracarita Belgium takes on an advisory or facilitating role, or works with the partner to find financial resources to realise their ambitions.

Deliveries from Belgium

Support in sending materials to Africa in 2022:



For our African partners, quality improvement is a continuous focus. They work with targeted action plans to make this happen. Good basic equipment and a reliable supply of consumables such as medication are essential to realise their plans. At the partner's request, Fracarita Belgium plays a facilitating role in purchasing and shipping goods in specific situations.

The partner can buy the bulk of the goods it needs to function with quality in its own country. In exceptional cases, this is not appropriate. For example, when it turns out that the material is many times more expensive than in Europe, the quality of the products is not guaranteed, or the material is not even available in Africa. Only in this situation will the partner decide to buy the material in Europe and Fracarita Belgium will provide support in writing to European suppliers, requesting quotes and shipping to the partner in Africa.

In recent years, less and less material was shipped from Europe to our African partners (see chart above right). Increasing local production (e.g. gypsum for plaster bandages) and greater availability on the local market made our African partners less dependent on imports from Europe. An evolution that can only benefit the sustainability growth of our partners.



Arrival of container with medical and teaching materials

◀ A container with the requested medical and teaching materials left for HVP Gatagara in late 2021. The container arrived in April 2022. Another step forward in terms of expert care for this orthopaedic centre for persons with physical disabilities in Rwanda!

New occupational therapy building



► In Butare (Rwanda), the psychiatric hospital can now offer occupational therapy to its patients in optimal conditions. The construction of the occupational therapy room was realised thanks to funds raised by the psychiatric centre itself, supplemented by the great commitment of its partner hospital Ariadne in Lede and the support received from the Province of East Flanders. More info via the QR code.



An ambulance for HVP Gatagara



◀ HVP Gatagara Regional Hospital is a national reference hospital in Rwanda in terms of (surgical) orthopaedics. However, HVP did not have an ambulance, even though there is a daily need for transport. After all, children and adolescents with deformed feet or legs cannot come to Gatagara on their own or travel to other specialised care on their own afterwards. Until December 2022, they used taxis and public transport. This was really no longer medically justifiable. The local government was able to pay 70% of the cost. The colleagues of BuBaO Sint-Idesbald collected the remaining 30% for the purchase of an ambulance via a subsidy file with the Province of West Flanders and their own actions.

New kitchen



► The primary school for mentally disabled children of HVP Gatagara- Gikondo in Rwanda (see photo p. 29) has a new kitchen. With support from the local government, the building was financed and the Province of East Flanders was willing to finance the Muvero boilers. This kitchen will greatly reduce the consumption of wood and charcoal.



▲ Teacher with pupil at the school for children with mild to moderate intellectual disabilities in Gikondo, Ndera (Rwanda)



Partner in essential medication

Fracarita Belgium intervened in the purchase of 342,568.22 euros worth of medication (excluding transport costs) in 2022. Part of this was paid by our African partners, for another part the non-profit organisation intervened via subsidies and donors, such as Janssen Pharmaceutica (150,000 euro) among others. This administrative and logistical support from the NPO to its partner hospitals guarantees them a correct supply of quality medication at competitive prices (see testimonials). It also helps them make this medication more accessible to vulnerable patients in Africa. UCB Pharma again donated a large quantity of anti-epileptic medication in 2022, which we were able to ship to our African partners. This is essential medication within our facilities with a total value of over 165,000 euros.

Fracarita Belgium's work on servicing these purchases and their shipments, as well as in-kind donations, are barely visible in the non-profit organisation's financial turnover, but are certainly among the 'fruits' of the year 2022.



Veerle Foulon, dean of the Faculty of Pharmaceutical Sciences at KU Leuven:

"Research on medication processes in Africa is of great importance as it can improve the healthcare and well-being of thousands of people. The African Great Lakes region faces several challenges in terms of access to quality medicines. Many times, psychiatric institutions face limited distribution networks, lack of infrastructure and high costs."

"By conducting targeted research on the medication processes linked to this, we can identify bottlenecks and contribute to possible solutions to distribute medicines more efficiently and make them more accessible. This is what I volunteer at Fracarita Belgium for, together with some of my students. This will improve patient treatment and follow-up, save lives and increase overall well-being. Improving medication processes is an essential step towards equitable, equal healthcare for every psychiatric patient. That is what I believe in and want to contribute my expertise to."

"Improving medication processes is an essential step towards equitable, equal healthcare for every psychiatric patient. That is what I believe in and want to contribute my expertise to."

-
Veerle Foulon



Alphonsine Murekeyiteto, pharmacist in NPH Caraes Ndera (Rwanda), Master of Science in Health Economics & Pharmacoeconomics:

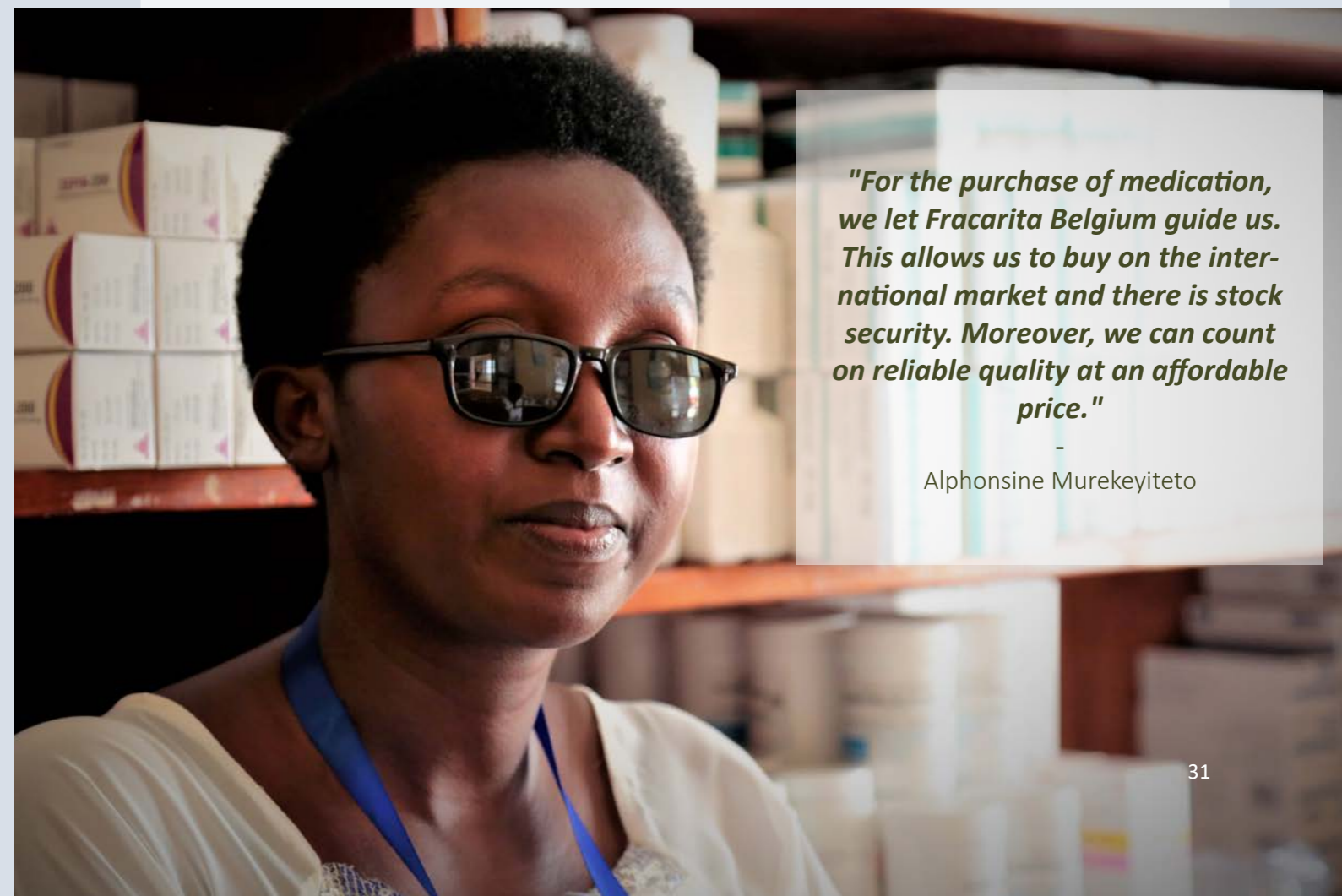
"Psychotropic medication is essential in the treatment of psychiatric patients at Caraes Ndera Neuropsychiatric Hospital. Unfortunately, in Rwanda, and by extension in the African Great Lakes Region, we currently still face challenges in obtaining psychotropic medication. One of these challenges is stock security. Many health centres and pharmacies struggle to find psychotropic medication on the local market. This can lead to interruptions in treatment, which can have serious consequences for patients' health. By partnering with Fracarita Belgium, we can ensure that a constant supply of medication is available to our patients, ensuring continuity of treatment."

"Another aspect that is crucial is the reliability of the quality of the medication. Fracarita Belgium

works with reputable pharmaceutical companies and certified suppliers, ensuring that the medication our patients receive is of good quality and safe for use."

"Price also plays an important role. Many patients in Africa have limited financial resources and cannot afford expensive medicines. Fracarita Belgium helps us obtain medication at reasonable prices. This enables patients to access effective treatments without having to worry too much about the financial consequences. We also appeal to mutual health organisations in Rwanda, which intervene for up to 90% of the cost price for some medications."

Finally, medication taper and follow-up care is an important aspect of health care, as it helps to reduce dependence on medication and promote long-term health. The partners are aware of the potential side effects and risks of long-term medication use and aim to support patients to phase out medication gradually and safely when medically justified.



"For the purchase of medication, we let Fracarita Belgium guide us. This allows us to buy on the international market and there is stock security. Moreover, we can count on reliable quality at an affordable price."

-
Alphonsine Murekeyiteto

Actions in Belgium

Fracarita Belgium is not only committed in partner countries, but also has an operation in Belgium with three clear objectives:

Awareness

The NGO wants to sensitise people in Belgium around the issues we are working on in partner countries. What does it mean to live with a disability in the global South? What life does a person with a mental disorder and his family lead without proper treatment? What perspectives do children and young people have without a proper education?

Education

At the same time, Fracarita Belgium is setting up targeted education activities that demonstrate the NGO's responses to these issues with its partners.

Solidarity

Fracarita Belgium also wants to encourage actual solidarity with projects for our similar target groups among partners. Every year, volunteers launch various actions for the benefit of these projects.



Broeders van Liefde
ONDERWIJS EN ZORG

Privileged partner

The non-profit organisation *Broeders van Liefde* and ASBL *Œuvres des Frères de la Charité* manage some 100 schools, institutions, centres, hospitals and rest homes in Flanders, Brussels and Wallonia. On basis of a clear declaration of commitment with critical objectives and their own spirituality around this, the two organisations set off together every year.

www.broedersvanliefde.be



▲ Pupils of Sint-Paulus primary school in Drongen are warming up in favour of the South action. The pupils had themselves sponsored via our new action platform. Volunteers, schools, facilities, associations and sympathisers can launch online actions for our partners in the South. For instance, a sponsored run, waffle sale, class marathon, etc. for the benefit of the South action or another NGO project. Scan the QR code to register an action yourself or take a look!

South Action

What?

Annual campaign

Concept?

"Show solidarity with Southern partners"

Where?

In the Belgian schools and facilities of the Brothers of Charity, but also more widely

By whom?

Staff, pupils, patients, clients and other donors

What for?

Concrete projects supported by Fracarita Belgium in partner countries

More info?

www.zuidactie.be and www.zuidactie2022.org



SOUTH ACTION 2022: GIRLS@SCHOOL!

During the South Action campaign, we introduced our supporters to 17-year-old Suzana from Tanzania (see also p. 18). She dreams of becoming a TV journalist. But having just finished primary school, her dream suddenly fell apart into a thousand pieces. Her father's illness put the family in financial trouble. Her parents could no longer afford her school fees.

Thanks to the help of the Maendeleo Youth Centre of the Brothers of Charity in Kigoma, Suzana was still able to continue her studies, after a year's hiatus. Her dream is alive again!

A lot of girls in Tanzania, like Suzana, have to leave school early. The reasons are varied: the journey to school is unsafe, sanitary pads are too expensive so girls stay at home during their lines, they go out to

work to put bread on the table for their families, they are married off as children, or become pregnant unwanted. The Brothers of Charity youth centre fights on several fronts to still give girls the chance to go to school: it offers counselling, tutoring, material or financial support, and parents are sensitised.

The first post-corona edition of the South Action raised a nice final amount of €122,504.72.

On 8 February, 170 local promoters participated in an online - and thus coronaproof - kick-off event of the new South campaign "Girls@School", followed by four online workshops.

The first post-corona edition of the South Action raised a nice final amount of €122,504.72. The biggest part of the raised funds will now be used to support the Maendeleo Youth Centre in its struggle to remove educational obstacles for girls and get as many of them back to school as possible.

Curious about the campaign film? Scan the QR code with your smartphone!



GIRL POWER PROJECTS IN THE SPOTLIGHT

Training in cooking and sewing

Girls who were forced to leave school years ago are given the chance to retrain as cooks or seamstresses through the Wasichana programme (= a short training programme). Maendeleo Youth Centre then teaches them how to start their own business (sewing workshop, food stall,...) or small cooperative and keep it profitable. Read more about it on p. 20.



Going to school thanks to reusable pads

To reduce the number of girls leaving school during their periods, the Maendeleo youth centre launched the "Pads4School" project. Former students from the Wasichana programme are trained to make reusable sanitary pads that are sold at an affordable price to vulnerable girls in Kigoma. This way, girls who cannot afford disposable pads can still continue to attend school and extra income is created for the ladies of the Wasichana project.



▼ Esther (campaign film) with her birth certificate that finally allowed her to enroll in school





SOUTH ACTION ACTIVITIES IN BELGIAN FACILITIES & SCHOOLS

South Trip and Immersion Trip

The last corona year 2022 was again one without our annual South Trip and Immersion Trip Maendeleo for staff and students of the Brothers of Charity. Much disappointment and much understanding at the same time.

But one did not remain resigned. In need, one knows one's friends. Both the **former South Trip travellers (= "Assante")** and the **former Immersion Trip travellers (= "Warafiki")** sought and found opportunities within the difficult circumstances to organise solidarity actions for the African partners.

Assante (former South Trip travellers)



▲ Assante meeting day with info-sharing and networking



▲ Assante beer and calendar sales

▶ New website www.zuidreis.be



Warafiki (former Immersion Trip travellers)



▲ Enthusiastic faces after online event about Maendeleo



▶ New website www.inleefreis.be





Partnerships

About ten partnerships

In 2022, some 10 mental health institutions linked to the Brothers of Charity in Belgium each further developed their partnership with a specific project in the same sector in partner countries in Africa. The partnership is a concept where advice and action are exchanged.

Committees

The institutions have committees that shape this operation and develop concrete actions. This both through sensitisation and education in Belgium and through effective support to the institutions in partner countries.

Support

The support consists of training, guidance and practical support as well as concrete financial aid. These funds are used to expand projects in partner countries, enable staff training and provide better guidance for patients.

What?	<i>Unique partnership between Belgium and partner countries</i>
Concept?	<i>"Exchange, strengthen and inspire"</i>
For whom?	<i>Mental health centres</i>
How many?	<i>10 facilities in Belgium + as many in Africa</i>
Purpose?	<i>Capacity building in partner countries and sensitisation in Belgium</i>

Visit of Care Group Multiversum to Burundian partner CNPK

A delegation from Boechout-based Care Group Multiversum, consisting of general manager Els Vanheusden, Steven Simons from the Care and Pastoral Service and Caroline Van Neste from the Communication Service, visited the Kamenge Neuropsychiatric Centre (CNPK) in Bujumbura, Burundi, in October 2022. The aim was to meet the staff of the sister institution in person and find out what the main needs are. This turned out to be mainly in the field of addiction. Since then, there has been regular contact with CNPK and an action plan has been drawn up. With all kinds of actions, money is also being raised for the Burundian colleagues.

▼ Delegation of Care Group Multiversum from Boechout visiting partner organisation CNPK in Burundi





◀ HVP Gatagara, Rwanda: centre for persons with physical and motor disabilities

Management

- | | | |
|---|---|---|
| <p>President:
 Deputy administrator:
 Secretary-treasurer:</p> | <p>Veron Raes
 Luc Lemmens
 Frans Van Hoorde
 Luc Van Dyck
 Louis Verschueren (†)
 René Van Tichelt
 Lucas Maes
 Aimé Peirman</p> | <div style="background-color: #76923c; color: white; padding: 5px; writing-mode: vertical-rl; transform: rotate(180deg);">Governing board</div> <div style="background-color: #333; color: white; padding: 5px; writing-mode: vertical-rl; transform: rotate(180deg);">General Assembly</div> |
| <p>Director:
 Core team members:
 Other team members:</p> | <p>Jan Decoene
 Benjamin Nyssen, Elisa Vanlerberghe, Joost Van Heesvelde
 Bruno De Wever, Frank Verhoeven, Jonas Scherrens, Krist De Mol,
 Norbert Niyonzima, Rik De Coninck, Rudy Vaernewyck
 André Ornelis, Eddy De Graeve, Kris Demeter, Kristien Segers, Marc Tilleman,
 Marc Van der Veken, Marc Willems, Nicolas Vandeweerd, René Ooms,
 Roland De Bruyne, Veronique Coppin</p> | |
| <p>Regular volunteers:</p> | <p>Jan Decoene
 Benjamin Nyssen, Elisa Vanlerberghe, Joost Van Heesvelde
 Bruno De Wever, Frank Verhoeven, Jonas Scherrens, Krist De Mol,
 Norbert Niyonzima, Rik De Coninck, Rudy Vaernewyck
 André Ornelis, Eddy De Graeve, Kris Demeter, Kristien Segers, Marc Tilleman,
 Marc Van der Veken, Marc Willems, Nicolas Vandeweerd, René Ooms,
 Roland De Bruyne, Veronique Coppin</p> | |

Integrity and professionalism



Basic values within our functioning

In 2018, the Integrity Charter of Alexander De Croo, then Belgian Minister of Development Cooperation, was introduced for the sector. Fracarita Belgium then fully integrated this into its operations and drafted its own integrity policy, which was validated by the governing body. All Fracarita Belgium staff and permanent volunteers signed this integrity policy. An Integrity Contact Person was appointed to address and deal with integrity issues. More info on this policy can be found on our website. In 2022, no cases of possible violations of the integrity policy were reported. Consequently, no official procedure was initiated.



Transparency



Fracarita Belgium received the Ethical Fundraising Seal of Approval at the end of 2021 after a thorough screening and was admitted as a member of the Association for Ethics in Fundraising. This guarantees the moral quality and transparency of our operations. This offers all those who commit to our partners a guarantee that the funds raised are spent in a proper and transparent manner. Donors, volunteers and staff members are informed at least annually what was done with the acquired funds. This is done through our mailings, website, Facebook page and publications.

www.vef-aerf.be

Cooperation and partners

Fracarita Belgium is a member of:

Group of Brothers of Charity

The Group of Brothers of Charity in Belgium umbrella non-profit organisations linked to the Brothers of Charity in Belgium. It covers initiatives in care, welfare, education and social economy. But also the separate legal entities that frame them. There are also the separate initiatives of the Congregation Brothers of Charity in our country. Fracarita Belgium finds its place and inspiration in this Group, as a specific non-profit organisation founded for international solidarity in and from our country.

Association for Ethics in Fundraising

Fracarita Belgium received the Ethical Fundraising Seal of Approval in 2021, following a screening process, and was included as a member of the Association for Ethics in Fundraising (www.vef-aerf.be). This ensures the moral quality and transparency of our operations. This provides donors and all those committed to our partners with the guarantee that the funds raised are spent in a proper and transparent manner. The recognition is renewed every year after an annual screening. See also p. 41.

NGO Federation

This is the Flemish federation of NGOs for international cooperation. Fracarita Belgium is an associate member of this organisation. The federation represents our interests with various authorities and supports us in organisational challenges and in our pursuit of quality.

Be-Cause Health

Be-Cause Health is an informal and pluralistic platform open to actors committed to the right to health for all. Its main objective is to make quality health care accessible worldwide. Fracarita Belgium is a member of this platform

and a staff member chairs the "Researchers in Global Health" working group.

Memisa

Fracarita Belgium is represented on the General Assembly of Memisa, the Belgian NGO for international cooperation that works for quality basic health care in low-income countries. We cooperate with them in the field of mental health care.

Pegasus

Pegasus is the social secretariat for overseas employees.

Municipal Councils for Development Cooperation (GROS)

Quite a few Flemish cities and municipalities have their own councils for international cooperation. Some of these councils also include representatives (staff or volunteers) of Fracarita Belgium, and in others local volunteers submit grant applications. This is among others the case in Aalter, Balen-Olmen, Brecht, Bierbeek, Dilbeek, Evergem, Geel, Gent, Ham, Hoogstraten, Lede, Lommel, Lummen, Maldegem, Mol, Leopoldsburg, Oudenaarde, Ravels, Sint-Martens-Latem, Stabroek, Staden, Tienen, Wichelen and Zwevegem.

Perspective 2030

Fracarita Belgium is a member of the Perspective 2030 partnership, which monitors compliance with commitments to contribute to the realisation of the United Nations' 17 Sustainable Development Goals.

Present

Present supports our NGO on voluntary work.

Fracarita Belgium wishes to thank all its partners. These include:

Belgian Region Brothers of Charity

The Belgian Region of the Brothers of Charity was the initiator of the non-profit organisation Fracarita Belgium (originally Caraes) and has been its main structural partner since its inception. The Belgian Region of the Congregation contributes a fundamental part of its resources. This ensures that the smooth running of the NGO is guaranteed and that the maximum share of the donations collected goes to the partners.

Non-profit organisation Brothers of Charity

A privileged partner of Fracarita Belgium is the non-profit organisation Brothers of Charity. It manages about a hundred schools, institutions, centres, hospitals and rest

homes of the Brothers of Charity in Flanders, Brussels and Wallonia. They work together on fundraising, sensibilisation and education (mainly South Action, see p. 34), but also on capacity building through the partnerships (see p. 38).

Directorate-General for Development Cooperation (DGD)

The Belgian government is indirectly a partner of Fracarita Belgium in the capacity building of a number of mental health and ortho(ped)agogical care initiatives in the African Great Lakes Region. This is done in partnership with programmes of Doctors Without Vacation, Light for the World and Humanity and Inclusion.

Provinces

Both the province of East and West Flanders have been involved in our work in the partner countries for years. West Flanders around punctual projects, East Flanders mainly with support within the regional policy they conduct in Rwanda, but also around projects with a support base in the province.

Fourth Pillars (Vierde Pijlers)

Fracarita Belgium forms the "Kitumo" partnership with three Belgian fourth pillar organisations. The four partners work together in the field of mental health and ortho(ped)agogical care in the African Great Lakes Region. In addition, there is a partnership with Rainbow4Kids.

- **Light in the Dark (Licht in het Duister)**

This non-profit organisation provides assistance to blind people in Rwanda.

- **Les Amis de Gatagara**

A non-profit organisation that supports the Home de la Vierge des Pauvres (HVP) in Gatagara, Rwanda.

- **Umoja**

A non-profit organisation that supports the Centre pour Handicapés Physique "Shirika La Umoja" in Goma (DR Congo).

- **Rainbow4Kids**

Fracarita Belgium partners with Rainbow4Kids to support Ukunda schools in Kenya.

NGOs

- **Doctors Without Vacation - Op Gelijke Voet**

Their missions combine actual assistance (consultations, operations) with training of local staff (through a capacity-building process). There is cooperation, with funding from the Belgian government, to support mental health services in Bukavu (DR Congo) and Burundi. This cooperation was renewed for the period 2022-2026. Their missions to the HVP Gatagara in Rwanda were transferred to the Dutch organisation Op Gelijke Voet, which has a similar objective and way of working as DWV.

- **Light for the World (Licht voor de Wereld)**

A joint programme to support the school for the blind in Rwamagana (Rwanda), funded by the Belgian government (DGD), started in early 2017. This cooperation was extended for the period 2022-2026.

- **Handicap International (Humanity & Inclusion)**

Fracarita Belgium, through the HVP Gatagara, is a strategic partner in Handicap International's Belgian government-funded programme for development of functional rehabilitation of persons with disabilities in Rwanda. For the period 2022-2026, it is still in a limited capacity.

World Missionary Aid (Wereldmissiehulp)

Schools and facilities of the Brothers of Charity in Flanders can place a red clothing container of World Missionary Aid. Proceeds from the sale of the clothes collected support our South Action.

Foundations

- **Fondation d'Harcourt**

We have been working with this Swiss organisation since the beginning of 2018 within a multi-year programme in the Great Lakes region to improve the quality of care. The main focus is on coaching psychiatric nurses. Concrete support on prevention and protection of staff was also provided in the context of the corona pandemic. This cooperation has also been extended for 2022 to 2024 with a continuation of the coaching programme, but with an additional component around improving ambulatory (after)care to reduce the number of patients who relapse and need to be hospitalised again.

Education

To a limited extent, we offer students the opportunity to do internships with one of our local partners as part of their studies or thesis. In 2022, because of the corona pandemic, only a few of the planned internships could go ahead. From 2023, this thread will be taken up again.

Companies

- **UCB Biopharma**

We cooperate with this company in the field of epilepsy: sensitisation, training of doctors and health workers (neurology) and, of course, treatment of people living with epilepsy through our centres in Ndera (Rwanda) and Lubumbashi (DR Congo) and through mobile teams (Lubumbashi). There is also a donation of the anti-epileptic drug Keppra. This programme is through the King Baudouin Foundation and expired at the end of 2022. The Keppra donation was extended for another year.

- **Janssen Pharmaceutica – Johnson&Johnson**

For many years there has been an important collaboration with this pharmaceutical company. The annual donation of psychotropic drugs was replaced by an amount of EUR 150,000 that can be freely spent on psychotropic medication for the benefit of our African partner hospitals. Furthermore, a budget will be made available to support the training and education of local staff. This cooperation runs from 2022 to 2024.

Other partners and donors

In addition to working with these structural partners, Fracarita Belgium can also count on the donations and support of private donors, companies, service clubs and other sympathisers. We are of course also very grateful to the many volunteers who take action on behalf of the partners.



Financial report

Expenses:
€ 1.810.806,59

Revenues:
€ 1.810.253,00

Operating result:
- € 553,59

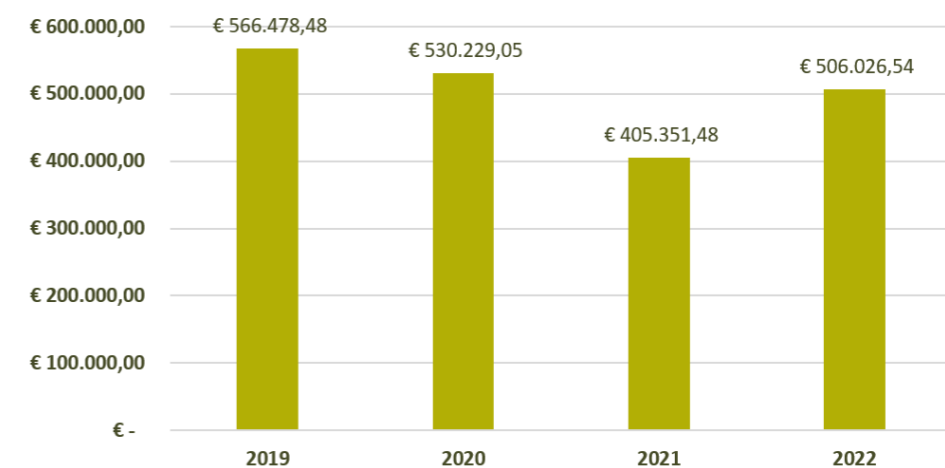


▲ School for the blind and visually impaired, Rwamagana, Rwanda

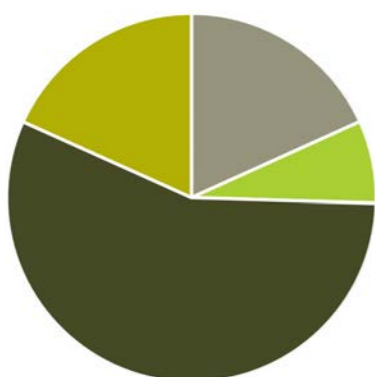


▲ School for the blind and visually impaired, Rwamagana, Rwanda

Evolution of donations with tax certificate (2019 - 2022)



Revenues

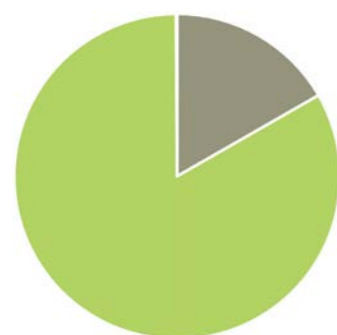


- Contribution Private Foundations BoC (18%)
- Subsidies (18%)
- Donations (57%)
- Various (7%)

Fracarita Belgium could again count on a lot of donations and subsidies in 2022. Some 64% of the income came in through private donations and gifts from foundations, companies and other income. In addition, as always, there was a substantial contribution from the Belgian St Vincent de Paul Region of the Brothers of Charity (18%) and subsidies were received from federal, regional, provincial and municipal authorities (18%).

Revenues 2022	
Donations	€ 1.018.788,80
Contribution Private Foundations Brothers of Charity	€ 330.000,00
Subsidies	€ 330.419,56
Various	€ 131.044,64
Grand total	€ 1.810.253,00

Expenses



- Support to our partners in the South + sensitisation and education in Belgium (82%)
- Management and fundraising (18%)

How did we spend the funds in 2022? The vast majority of our expenditure is directly linked to the NGO's objectives in terms of supporting our partners in the South and in terms of awareness-raising and education in Belgium. There were also expenses for fundraising and management costs. The latter are costs for the proper follow-up of the projects, for reports and evaluations and also a small part is used for administration (bookkeeping, auditing by the auditor, bank costs, processing tax certificates, etc.). These expenses guarantee efficient and transparent spending of all resources.

Expenses 2022	
Support to our partners in the South + sensitisation and education in Belgium	€ 1.477.242,89
Management and fundraising	€ 333.563,70
Grand total	€ 1.810.806,59

Balance sheet and income statement

vzw Fracarita Belgium

Consolidated balance sheet as at 31/12/2022

Active		Passive	
FIXED ASSETS		EQUITY CAPITAL	
Intangible assets	736,89	Funds of the association	307.916,98
Tangible assets	8.669,18	Designated funds and other reserves	168.513,49
		Transferred result (+/-)	45.051,12
Total fixed assets	9.406,07	Total equity capital	521.481,59
CURRENT ASSETS		PROVISIONS LIABILITIES	
Receivables maturing in more than one year	413.954,75		2.302,75
Inventories	1.014,14	DEBTS	
Receivables maturing within one year	501.092,87	Debts payable within one year	
Cash investments	493.644,08	Financial debts	
Liquid assets	157.670,46	Suppliers	58.588,20
Accruals	110.901,37	Debts relating to taxes, remuneration and social security contributions	130.966,00
Total current assets	1.678.277,67	Various debts	3.144,53
		Total Amounts payable within one year	192.698,73
TOTAL ASSETS	1.687.683,74	Accruals	971.200,67
		Total debts	1.163.899,40
		TOTAL LIABILITIES	1.687.683,74

Consolidated income statement financial year 2022

Cost		Income	
Operating costs		Operating income	
Trade goods, services and miscellaneous goods	128.786,80	Turnover	6.818,14
Remuneration, social security charges and pensions	605.374,67	Membership fees, donations, legacies and subsidies	1.734.848,15
Depreciation	2.113,95	Other operating income	59.197,69
Provision	391,87	Total operating income	1.800.863,98
Other operating expenses	1.042.971,35	Financial income	8.975,23
Total Operating expenses	1.779.638,64	Exceptional revenues	413,79
Financial costs	30.132,52		
Exceptional costs	5,56		
Taxes	1.029,87		
TOTAL	1.810.806,59	TOTAL	1.810.253,00

Appropriations Withdrawings

A. Result to be appropriated:	
total operating result 2022	-553,59
result carried forward as at 31/12/2021	19.826,97
Result to be appropriated:	19.273,38
B. result processing:	
withdrawal from earmarked funds	25.777,74
carry-over to next financial year	-45.051,12
C. result yet to be appropriated:	
	0,00

The annual account closed on 31/12/2022 were audited, in accordance with legal norms and standards, by the company auditor, Deloitte Bedrijfsrevisoren BV, represented by Mr Jo Van Baelen. The true and fair view of these financial statements was confirmed by an opinion without reservations.



▲ Maman Andrea preschool in Ndera, Rwanda

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